



ROAD TO 2017

MATERIAL

EVENT : P5X of Cervélo

MEETING

Camille Deligny

DISCOVER

Triathlon in Thailand

FILE OF THE MONTH

Christmas shopping

RACES REPORTS

Challenge Forte Village
Gloria sport Arena...

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FOCUS



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Challenge

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the revolution is on the
way?



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MERRY CHRISTMAS





*Challenge Forte Village...
We just had that feeling about it !!!*

O'xyrace Challenge,



In 2011 the idea to create a new sports concept was born : to award the best men and women athletes in the field of multi-sport and outdoor. After the settling of the Revermont cross triathlon the first year, this Challenge was completed in 2013 by a white trail and this year by a SwimRun ! A varied program which will certainly seduce many triathletes looking for new sensations, trailers but also swimmers, mountain bikers... The occasion is too good to test new sports in an amazing landscape and with an organization team who takes real good care of his athletes.

The challenge will take place on all the participations of the races so-called of competition. That is to say the course of «17km» for the trail, the «Half» distance for the swimrun and the «M» for the Cross triathlon. The trophies will be rewarded

during the first stages in Treffort-Cuisiat.

As always, the ranking is defined on the lap times cumulation. Who will succeed to the defending winners who are : AIGON Pauline from the Dijon SingleTrack for the females and



MICHAUD Mickael from the Triath'lons for the males ?

Jura White Trail : January 21st 2017



The Jura O'xyrace White Trail remains a full event in the challenge which is becoming more and more successful. Thus, this event has gone from 300 participants at the beginning in 2013 to 1500 in 2017 !

This limit will be the last stage of its development for the years to come.

The organization with its experience wishes to keep the friendly, festive and sports character. They have also chosen to voluntarily restrict the number of participants to keep all its welcoming qualities.

The event also remains exceptional thanks to its atypic character. Indeed, beyond the fact to run in

a specific environment, on the snow and by night, the contenders will be immersed in the heart of a particular sensorial trip with its surprising atmosphere of lights all along the course but also on the Omnibus area. Obviously the traditional finish by sled will be highlight of the trail to cross the finish line !

And as any mountain party, you will find comfort in the sports center around a giant Morbiflette graciously offered by the organization.

Jura Swimrun – Lac de Vouglans : May 20th 2017
This is THE novelty for 2017 !

The choice to integrate this event in the challenge has come naturally. The infatuation coupled with the values of freedom, effort, surpassing oneself and solidarity of this kind of events perfectly corresponds to the values of the challenge.

The organization team has chosen an exceptional natural and preserved place for this swimrun event : the Lac de Vouglans.

It's the third artificial lake in France with a distance of 35km. The hiking trails which follow this lake give an ideal setting for the practice of swimrun.

Come and run on the wooded shores which immerse you in huge emerald scope !

It's also a wild and preserved nature. Your trip will be a full moment of disorientation where you will swim in a transparent water with Caribbean colors.





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LAC DE VOUGLANS

20 MAI

TREFFORT-CUISIAT

2-3 SEPTEMBRE

This swimrun offers 3 race formats addressing to a wide public : from the beginner who wants to discover this new sport to the most accomplished swimrunner on an average distance. The longest format will immerse you in an adventure close to the major event, the reference, which is Öttilo.

It's up to you to choose the partner who will come along with you to address this new sports challenge.

Revermont Cross Triathlon :
September 2-3rd 2017

Créée en 2011, L'O'xyrace Cross Triathlon Created in 2011, the O'xyrace Revermont Cross Triathlon is



the historical event of this Challenge. This event has created new things years after years in order to meet the expectations of the participants. In 2016, it was the first time that the event was affiliated to the F F T R I (National

Federation), giving it the official acknowledgment of the events and thus claim to host championships.

Thus from this year, this cross triathlon has become support of the Cross Triathlon departmental championships. Regarding the quality of organization recognized by the referees, the organization team has set the target to host the cross triathlon French championships in 2018.



Other news : all the events have their distances increased to be comply with the rules of the Federation. The consequence was to have the best athletes on the event in preparation for the X-Terra world championships.

The courses have been designed by X-Terra seasoned athletes offering varied difficulties depending on the chosen race.

Obviously, the O'xyrace Revermont Cross triathlon will also be the last stage of the challenge for 2016 with the nomination of the best male and female athletes.

Don't wait too long to register for these events !

More info on : <http://www.oxyrace.fr/>



MERRY CHRISTMAS



TRIATHLON

Challenge Rimini : journey through time



Le 7 mai 2017 marque le début de la saison italienne pour Challenge. Pour sa 5e édition, Challenge Rimini promet encore de belles surprises au millier de participants attendu. Il faut dire que le parcours vélo vaut le voyage...



Also in 2017, the triathlon calendar signed by Challenge Family will start on the 7th of May in the beautiful Italian region of Emilia Romagna. The Adriatic city of Rimini will host the fifth edition of the half distance race Challenge Rimini, that thanks to the success of the past editions

has become a must for the lovers of long distance triathlon.

Challenge Rimini is a race that will test your endurance and your performance due to its challenging bike course through Italian hilltop villages and the fast, flat run in Rimini. Every year more than 1300 athletes welcome the new triathlon season by taking part to this event next to top professional athletes such as Giulio Molinari, Leanda Cave, Yvonne Van Vlerken and Filip Ospaly just to mention a few.

Athletes will start the race at Rimini seaside, completing on single loop of swimming...they will then live the city and will climb toward the inland to go through several medieval villages, such as Coriano, Montescudo-Monte Colombo, Monte Cerignone, Mercatino Conca, Monte Grimano Terme, Fratte di Sassofeltrio. It will be like being moved back in time: the charm, architectural beauty and flourishing green countryside will be difficult to forget. Once completed the bike course, athletes will come back to Rimini and will face a fast and flat run amongst the cheering of many supporters.

During that weekend, triathletes from all over Italy and many European countries take advantage of this weekend of sport to discover Rimini, its history, its culinary delicatessen, and the numerous local attractions. Traces of a great and glorious past are mixed with an extensive, efficient, and ultra-modern tourist organisation, known all over the world for its hospitality and its outstanding ability to make guests feel welcome. Challenge Rimini is the ideal place to race hard and then enjoy "la dolce vita".



In Rimini, you can spend relaxing time on the beach, spend quality time with your family in the many theme parks around here and have lots of fun thanks to a great and renowned night-life. And if you are a food and wine lover you won't be disappointed: a great variety of fishes and seafood together with DOC "Colli di Rimini" DOC wines, extra-virgin olive oil, and cheeses and the worldwide famous "piadina" are part of the Romagna tradition.

Moreover, the position of Rimini is ideal for those who want to discover the most famous Italian cities. Florence and Rome are only a couple of hours of driving away. The airport of Bologna is only 1 hr away from Rimini city centre. Challenge Rimini has

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Race Calendar 2017

Race

✓Date

• CHALLENGE WANAKA, Half/Full, New Zealand	February 18, 2017
• CHALLENGE MELBOURNE, Half, Australia	April 09, 2017
• CHALLENGE GRAN CANARIA, Half, Spain	April 22, 2017
• CHALLENGE CERRADO, Half, Brazil	April 23, 2017
• CHALLENGE TAIWAN, Half/Full, Taiwan	April 30, 2017
• CHALLENGE LISBOA, Half, Portugal	May 07, 2017
• CHALLENGE RIMINI, Half, Italy	May 07, 2017
• CHALLENGE SALOU, Half, Spain	May 28, 2017
• THE CHAMPIONSHIP, Half, Slovakia	June 3, 2017
• CHALLENGE HERNING, Half, Denmark	June 10, 2017
• CHALLENGE VENICE, Full, Italy	June 11, 2017
• CHALLENGE HEILBRONN, Half, Germany	June 18, 2017
• CHALLENGE POZNAN, Half/Full, Poland	June 25, 2017
• CHALLENGE GALWAY, Half, Ireland	TBC June, 2017
• CHALLENGE GERAARDSBERGEN, Half, Belgium	July 02, 2017
• CHALLENGE ST. ANDREWS, Half, Canada	TBC July, 2017
• CHALLENGE SAN GIL, Half, Mexico	July 02, 2017
• CHALLENGE ROTH, Full, Germany	July 09, 2017
• CHALLENGE ICELAND, Half, Iceland	July 23, 2017
• CHALLENGE PENTICTON, Half, Canada	July 23, 2017
• CHALLENGE PRAGUE, Half, Czech Republic	July 29, 2017
• CHALLENGE MALAYSIA, Half, Malaysia	TBC August, 2017
• CHALLENGE TURKU, Half, Finland	August 13, 2017
• CHALLENGE REGENSBURG, Full, Germany	August 13, 2017
• CHALLENGE MACEIO, Half, Brazil	August 20, 2017
• CHALLENGE TONSBORG, Half, Norway	TBC August
• CHALLENGE FREDERICIA, Olympic Distance, Denmark	September 03, 2017
• CHALLENGE WALCHSEE, Half, Austria	September 03, 2017
• CHALLENGE ALMERE AMSTERDAM, Half/Full, NL	September 09, 2017
• CHALLENGE MADRID, Full, SPAIN	September 24, 2017
• CHALLENGE VIETNAM, Half, Vietnam	TBC September
• CHALLENGE JEJU, Half, Korea	TBC September
• CHALLENGE PAGUERA MALLORCA, Half, Spain	October 14, 2017
• CHALLENGE ARUBA, Half, Aruba	October 22, 2017
• CHALLENGE KANCHANABURI, Half, Thailand	TBC October
• CHALLENGE FORTE VILLAGE, Half, Italy	TBC October
• CHALLENGE SHEPPARTON, Half, Australia	November 13, 2017
• CHALLENGE FLORIANOPOLIS, Half, Brazil	December 03, 2017

www.challenge-family.com

also developed a strong partnership with Rimini Reservation to ensure that your trip is as easy and convenient as possible. There are many benefits available for those who register for the race and book the hotel at the same time, such as early breakfast on the race morning, late checkout and discount on 2/3 or 4 nights stay.

Challenge Rimini is not just the middle-distance race. Saturday 6th May many young athletes will race at the Duathlon Junior Challenge, a duathlon race dedicated to all Juniors of the age between 6 and 19 years. The courses will be completely closed to the traffic, and the race will be set up along Rimini's beach promenade.

The winner of the 2016 edition and the Half distance European Championship Giulio Molinari says: *"Rimini is nowadays my secondo home. After the second place in the European Championship, I managed to win Challenge Rimini in 2016. It is a beautiful city, on the Adriatic coast, where the standard of tourism and shopping are great excellent. The race course are fantastic: athletes swim in the Adriatic sea, the bike course is in the first part flat, then hilly with a quite important climb and many up and downs and the last part is downhill, very fast but muscular. The run course is flat with a fantastic atmosphere and many spectators who push you till the finish line. It is one of the most scenic courses in the world. The team, who I consider friends of mine, is great and has grown in the years. That's why I am sure that the 2017 edition will be a record in terms of numbers of participations and organisation"*

So don't wait any longer. Start the season in a top Italian location.

More informations :
www.challenge-rimini.it



MERRY CHRISTMAS



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01/02 JUILLET 2017

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MAY 21st, 2017

CALELLA, ESPAÑA

Giulio molinari and sara dossena

Dominate the III edition of Challenge-forte village sardinia

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Over 1,100 athletes in these two days of sport

Santa Margherita di Pula, 30th October 2016 || A weekend getaway in summer temperatures kicks off the third edition of the Challenge Forte Village Sardinia which, also this year, gave us strong emotions thanks to a series of fundamental ingredients: an audience of national and international professional athletes of the highest level who have thrilled the audience, the many age groups that this year exceeded 900 participants including half distance, sprint and relay, and the wonderful location of the Forte Village Resort, if possible, now seems even more beautiful.



The event started Saturday, October 29 with the inevitable kid's duathlon: this year the numbers have grown dramatically. In fact, about 200 young athletes were present aged 6 to 15 who have embarked on an extensive sports weekend, sharing their emotions.

until the arrival in T1, finishing 90 km in exactly 2:18:08. It was not easy to leave behind two great athletes like Peter Heemerick and German Boris Stein that only three weeks ago finished 7th at the Ironman World Championships in Hawaii. In racing, the movement of positions reversed

Sunday, October 30 the resort woke up while it was still dark, to best accommodate the more than 900 athletes at the start. Half the race started at 8:00 o'clock with the departure of the male PRO. The first to come out of the water was the Belgian Peter Heemeryck, after less than 2" from Premysl Svarc of TD Rimini and the European Champion Giulio Molinari. The bike was a constant affirmation of the great power of Giulio Molinari who held the lead



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Christophe Geloni

IRONMAN® Vichy France 70.3® Vichy

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Thierry Sourbier

REPORT

positively in favour of the colours of Italy. While the top positions remained unchanged, Alessandro De Gasperi, 2015 edition Challenge Forte Village, managed to fill the more than 4 'between him and Boris Stein.

Giulio Molinari is the Winner of the Challenge Forte Village 2016 (4:00:10) followed by Peter Heemeryck (4:01:53) and Alessandro DeGasperi (4:05:25). On the 'pink' front, the Italian Gaia Peron, Triathlon Point, asserted her supremacy at sea before exiting the water followed by Michelle Vesterby (6th at the world championships Ironman Hawaii 2016). The Belgian Tine Deckers who came out of the water in 8th position, recovered the lead of the race quickly and throughout the bike section was followed



by Michelle Vesterby and Sarissa De Vries. But during the running stage things changed quickly. The Italian Sara Dossena, who in the running leg often reaps many victims, arrived in T2 in 6th position and more than 12 'from the leader, quickly recovers and closes the 21km with the 8th fastest





time, 1:16:30. Even the women's podium is tinged with 'Azzurre': Italian Sara Dossena came first in 4:32:37, followed by Belgian Tine Deckers (4:35:04) and the Danish Michelle Vesterby (4:36:02).

As for the sprint race, the winner of the last edition, Frenchman David Hauss has confirmed his supremacy in Sardinia (56:01:60) followed by compatriot Nicholas Becker (56:51:90) and the Austrian Marcel Pachteu (57:17:60). The women's podium instead was all Italian: Veronica Signorini, Triathlon Cremona Stradivari wins in 1:03:51 on the young athlete of TD Rimini Cecilia D'Aniello (1:04:13) and Sardinian by the athlete, the Naples Rowing, Alice Capone (01:05:39).



This third edition was spectacular not only for the really important numbers for the whole of Sardinia - more than 1,100 athletes involved in the two days - but especially for the exceptional partners involved such as the Forte Village Resort, EA7, Travel Energy, Happiness, Technogym, Enervit, DMT, Compex, Head, Rudy Project and Lotto. The race is now an established major event in every respect thanks to the wide range of events, such as the presentation by Technogym Dr. Zanuso and the final party by Radio DeeJay.

The collaboration between the three municipalities of Pula,

Teulada and Domus de Maria, the support of law enforcement together with the collaboration of over 300 volunteers has been essential to ensure the safety of athletes and spectators.



Top 11 males :

1. MOLINARI GIULIO	(ITA)	04:00:10.20
2. HEEMERYCK PIETER	(BEL)	04:01:53.70
3. DEGASPERI ALESSANDRO	(ITA)	04:05:25.20
4. STEIN BORIS	(GER)	04:06:55.10
5. OSPALY FILIP	(CZE)	04:07:48.40
6. VAN HOUTEM TIM	(BEL)	04:08:51.00
7. CIGANA MASSIMO	(ITA)	04:09:36.40
8. SVARC PREMYSL	(ITA)	04:13:28.00
9. WIJNALDA DIRK	(NED)	04:14:43.30
10. KALASZCYNski LUKASZ	(POL)	04:16:22.70
11. MARCQ JULIEN	(FRA)	04:17:24.00



Top 10 females :

1. DOSSENA SARA	(ITA)	04:32:37.90
2. DECKERS TINE	(NED)	04:35:04.90
3. VESTERBY MICHELLE	(DEN)	04:36:02.70
4. BERNARDI MARTA	(ITA)	04:39:31.50
5. DE VRIES SARISSA	(NED)	04:41:02.60
6. CSOMOR ERIKA	(HUN)	04:45:25.20
7. KRIVANKOVA SIMONA	(CZE)	04:46:42.20
8. HECHT NICOLE	(SUI)	04:50:42.20
9. GOOS SOFIE	(BEL)	04:51:46.90
10. DOGANA MARTINA	(ITA)	04:53:26.50





Gloria Sports Arena, *journey in turkish land*



Yann Foto©tous-droits-
réservés

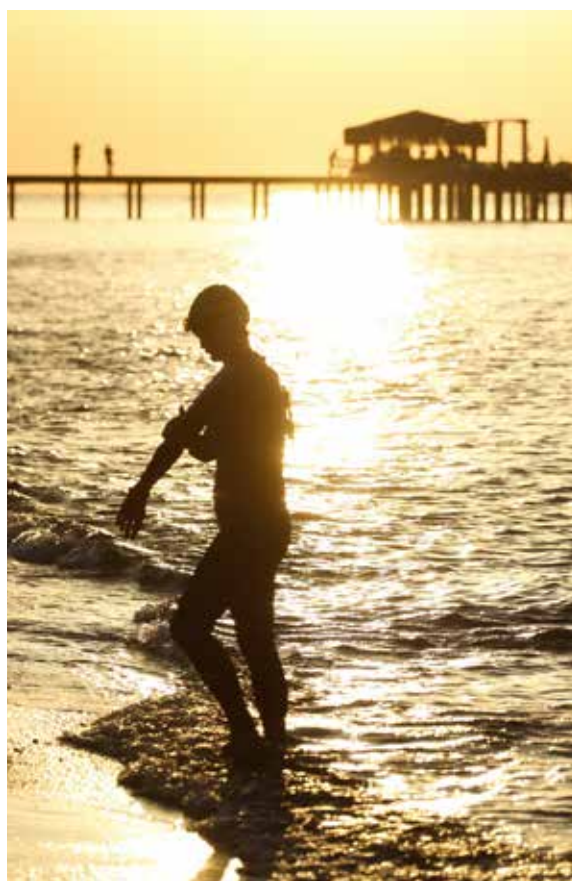
Top 10 males :

1. Schomburg, Jonas (TUR) 04:01:10
2. Huwiler, Thomas (CHE) 04:01:11
3. Morel, Jérémy (FRA) 04:05:48
4. Francky, Favre (MTQ) 04:16:29
5. Siemons, Adrian (BEL) 04:18:15
6. Onaran, Mert (TUR) 04:18:25
7. Besançon, Fabien (FRA) 04:18:40
8. Harun Arman, Arif (TUR) 04:19:05
9. Toma, Ioan Alexandru (ROU) 04:20:49
10. Toma, Ioan Alexandru (ROU) 04:20:49



Top 10 females :

1. Ishchuk, Roksolana (RUS) 04:41:08
2. Bakici, Ece (TUR) 04:43:31
3. Mader, Wendy (USA) 04:47:41
4. Heer, Oriana (CHE) 04:50:05
5. Gryshyna, Oleksandra (UKR) 04:51:50
6. Onaran, Pek (TUR) 04:56:32
7. Staantum, Hanne (DNK) 05:00:23
8. Antila, Maija (GBR) 05:03:14
9. Hille, Claudia (DEU) 05:03:27
10. Sayar, Sera (TUR) 05:05:09



Discover triathlon in Thailand

Pierre Mouliérac

Droits-réservés

Phuket is a dream destination for the Occidentals, especially in winter : beaches, sun, ocean and above all life is not expensive... But it's also a destination of choice to work out !

A lot of events are organized in the Phuket province, especially two main triathlons in November : the Laguna Phuket Triathlon and the IM 70.3 Thailand.

In the heart of the Phuket province, almost in the middle of nowhere, lost in the jungle and close to everything meanwhile, a diamond has been created for athletes. Thanyapura is a huge sports center including a luxurious hotel and a private school.

The hotel offers 115 rooms with a 25m pool in the center and everything is studied for athletes. All the details are important because there is even a place reserved for your bike with a hook in the room and clothes lines to make your clothes dry. Obviously nobody here will be mad at you if you come with your bike inside the hotel! The athlete is king and the welcome is perfect. The staff bends over backwards for you to do

you a favor. Only 15 minutes from the airport, the access is central on all the Phuket province.

A few meters from the hotel, the center is made of an international private school and a sports center open to all (for a price of 20€ per week with access to all the structures) and free for the hotel residents.



Thanyapura includes : a 50m swimming-pool with 8 lines and a 25m other extra pool, 6 tennis courts including 4 indoor, a beach volley court, a soccer/ rugby field, a 500m track, 900m2 of fitness center with the latest equipment, 2 yoga classes, a health care center (sauna, hammam, jacuzzi, showers and cold bath), a bike rental and mechanics, a Thai boxing ring, another fitness center specific to track and field stuck to the track, and another one

specific to swimming and close to the pools... Without forgetting the complete medical center including doctors, physio and masseurs.

The swimming-pools are open and have free access from 6am to 9pm !!! Such as the track ! And you can have private lessons with the coaches of the center.

For the bike, it's the good surprise because



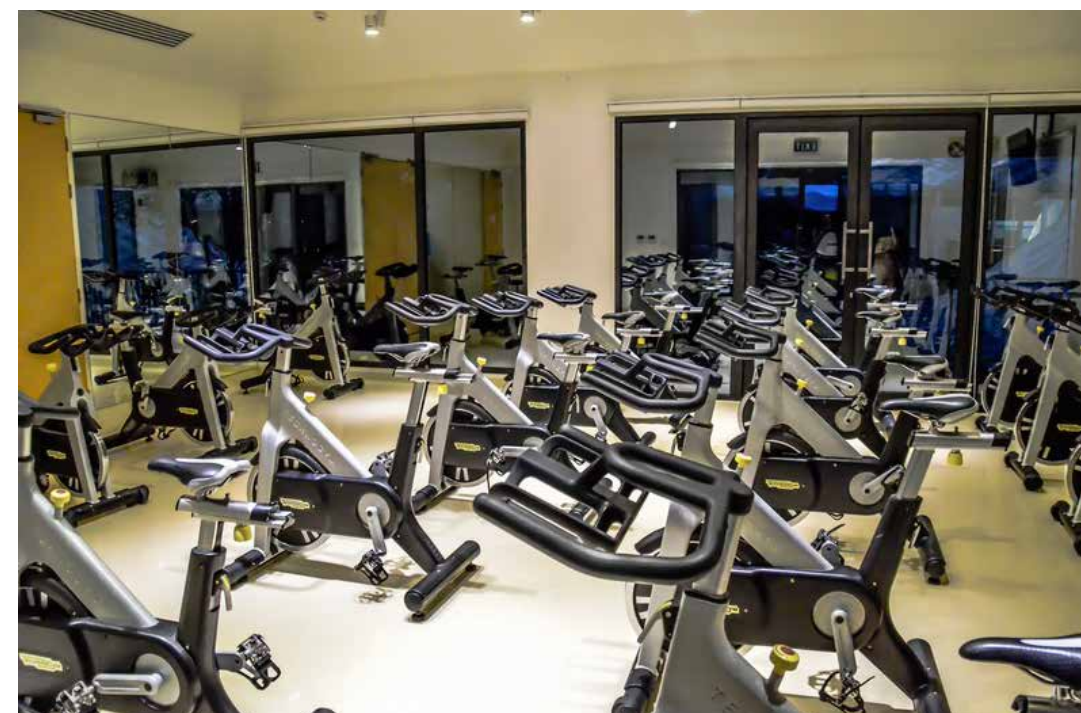
the roads are perfect, with hills and flat portions



and above all a total respect of the drivers ! There are shops all along the road (almost every 200m) for your nutrition break on long rides. And it's very cheap...

Anyway, a real paradise to do a good triathlon training camp in great conditions !

Thanyapura organizes training camps and several dozen group sessions per week. Many





professional triathletes regularly train there. Currently, Mickael Raelert and Lisa Norden are over there. It's ideal to begin the season in warm conditions !

For several months, a triathlon pro team has been created. This team aims at

offering to a few pro athletes the best training conditions to perform and promote the center as ambassadors. The geographical location is central to run in Asia, Middle-East and Oceania.

Since June, Antony Costes has settled there and has trained in Phuket. By his side, Amelia Watkinson from New-Zealand has known a big success in Asia this year with 9 victories on 10 races ! The team follows its recruitment in order to reinforce its workforce with the recent arrival of Ritchie Nicholls and her wife Eimear Mullan, and also Paris Edwards.

If you don't want to stay in the hotel, you also have the possibility to rent small individual villas only 2 km from the center for approximately 150€ per week. For this price, you can be 4 people with

all the necessary comfort. The center also has a bar and restaurant where the food is healthy and inspires from the «vegan» tendency... A huge buffet is served in the morning for less than 10€ and in the evening for less than 20€.

The center is also an engine for the local economy and allows the employment of more than 400 people. For now, this jewel is not very well-known and so not very busy, but it shouldn't last...

<https://www.youtube.com/watch?v=WHOAYZTv8x8>

<http://www.thanyapura.com/>



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The Christmas shopping



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2. Mini pump EZ HEAD : A mini pump designed with EZ head and, a pump head with revolutionary lever-less feature that can be easily operated with one hand through a simple and direct clip-on and pull-off motion. 140g

3. Veste d'hiver Spitfire Tempest Protect Subli : The Vesper Tempest Protect winter jacket is a highly insulative winter training jack with strategically placed Pixel inserts. This jacket is made with our reknown Tempest Protect fabric. This 100% windproof and water repellent fabric provides superior wind and rain protection, even when you're training at a lower pace and intensity. When you're training outside during winter time, visibility and safety is a big issue. We've thought about that, too. Shoulder inserts are made of our Black Pixel, a highly reflective fabric that combines the windproof and water repellent characteristics of Tempest Protect with great visibility.

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5. Timemachine 02 Ultegra: The all-new Timemachine is tailor-made for triathletes. The culmination of four years of studying the needs of multi-sport athletes, a three-year aerodynamics partnership with Sauber Engineering and two years of final product development. With continued legendary SubA aerodynamics performance, the Timemachine's recipe for success is clear – superior tube shaping, maximum component integration, and an extensive rider positioning system. The new Timemachine is the must-have bike for races against the clock.

6. BVS TRI 3X200 triathlon suit: Made from the new ECLIPSE and ACQUA ZERO fibres, it has been designed and developed with an Italian manufacturer whose expertise and know-how in the triathlon field are unrivalled. The suit provides controlled muscle support to the thighs, reducing vibration and oscillation and enabling you to improve your performances and physiological capabilities. Comfortable, lightweight, elegant and cut for a perfect fit, this suit features ultra-light mesh sleeves for an optimal aeration. Fast-drying ECLIPSE fibre, temperature regulation, protection against harmful UV rays. Front zip, deep silicone grip, which holds the shorts in place on the thighs during physical exertion and ensures evenly distributed muscle support. The much appreciated exclusive BV SPORT HD3 chamois once again features on this suit.

7. CF SLX, King of Kona: The weight of expectation is a strange thing. Some will rise to meet it, whereas others will crack under it. Each year, Kona plays host to the biggest showdown in triathlon, the Ironman World Championships, a place where pressure builds naturally like the molten rock breaching cracks in the island's scarred surface. Expectation bears down on all who make it this far. Heading to Kona with a title to defend, that expectation is on another level. But that couldn't stop Jan Frodeno. Just like in 2015, Jan's race was remarkable only in the control and consistency he displayed. Not outright fastest across any discipline, just constantly fast across all three, Jan set the pace on the swim, cruised at the front on his Speedmax CF SLX on the bike leg, before breaking away from his closest rival and compatriot, Sebastian Kienle, in the marathon. Once again, Frodo put on a virtuoso display on how to deliver a complete performance. Available in Yellow/Black and White/Black



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CASTELLI
www.castelli-cycling.com

8. Boa Gloves : CCastelli worked with Boa® to make

a glove that's easier to open up and thus easier to get on and off. We built it with OutDry® technology for waterproofness and made it come high up the wrist so your sleeve can completely cover it. Easy on and off. OutDry® technology completely seals out rain to keep you dry. Fleece lining for warmth. Silicone pattern on palm for good handlebar grip.

9. **Cloud** : The Cloud352 is a bike helmet that incorporates the "Dual AEROSystem" technology that allows it to adapt to the environment thanks to the interchangeable shells that give the helmet extra possibilities. The Cloud 352 was created for triathletes and cyclists that seek to maximize their performance while gaining superior aerodynamics without sacrificing excellent ventilation.

10. **SP8.0 Gold Edition** : Compex celebrates 30 years. Optimizes your strength and endurance, helps you recover faster, while helping to avoid injury and treating pain. Designed for athletes, SP 8.0 is the TOP of the range in terms of wireless electrostimulation. Connectable and modular, SP 8.0 includes the brand new mi-Autorange feature that continually brings you better results

11. **PRS 12g Ultra Light** : Ultra fine and light with a weight of 12grams designed in ultra light mesh, it's easy to put on and very pleasant to wear. You simply forget you are wearing it. The 3-D dots do not retain water (rain, hydration, perspiration) and facilitate its discharge. Feet stay dry. Located in the arch of the foot, it also provides for venous return and recovery. 3D DOTS TECHNOLOGY : - 3D.DOTS apply acupressure massages that boost blood flow and help absorb shocks. No pressure points, no hot spots. / - 3D.DOTS wick out moisture and enable air to circulate. Feet stay dry and fresh. / - 3D.DOTS cushion the Achilles tendon and the malleolus area and provide maximum grip in the shoe. No frictions, no pressure, no shocks and no slipping. Optimal ventilation thanks to ultra mesh. Large surfaces of semi-transparent mesh ensure maximum ventilation of the foot & ankle during exercise and keep the foot still light, dry and cool.

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12. Bottom Bracket and pulley wheels :

CyclingCeramic pulley wheels allow a better power transfer and save energy. They were designed to be an extremely light set. The waterproof seal protects you against dirt enhancing your performance. The CyclingCeramic bearings are mounted by hand and installed and designed using aluminium cups in our workshop in France

13. PR 1400 DICUT OXIC : The pinnacle of aluminum road wheels. The ceramic OXIC surface coating brings brake performance to rim brakes like it has never been seen before. The rims are wide, asymmetric, and lightweight, making for an outstanding stiffness to weight ratio. If set up tubeless, supreme comfort and grip are added to the athletic character. Finally, at just 1435 g, this wheelset is both extremely practical and competitive, very much in tune with its stealthy appearance. 1415 Grammes

14. TRI ONE TRIATHLON SHOES : Unbeatable value for money : - Ventilated mesh upper for a rapid dry / - 2 velcro strap shoe-closure system. Technical features : - Equipped with the LOOK memory clip for easy cleat adjustment / - Look-style cleat pre-drilled 3 holes, compatible with all pedals / - 6 mm front and rear cleat adjustment range. - 258 g shoe weight in EU size 41

15. Ceinture Running Ultimate I : La ceinture Fitletic Ultimate I résistante à l'eau a été imaginée pour contenir vos affaires en toute sécurité grâce à sa poche zippée en néoprène. Ceinture réglable et élastique pour plus de confort, fermeture par clip, 6 boucles élastiques pour les gels, 2 fixations pour dossard.

16. RIB Uomo : Fi'zi:k's range of road cycling shoes is developed in collaboration with leading professional cyclists and used to great effect by WorldTour, Olympic and World Championship riders. The best technologies, materials, R&D, testing and manufacture techniques are used to deliver you the best shoes for road riding and racing. RIB is the top of the range; the optimum in performance cycling shoe design; the perfect blend of comfort and light weight, fit, power transfer and aerodynamic efficiency.

17. Trimax rear hydration system : SModular saddle drink system universally fits both traditional and snub-nose saddles. Multiple mounting and lashing points can be customized for water bottle, CO2 pump, accessory bag, and tie-strap combinations. 3-Position (40 degrees) saddle rail mounting options. Bottle cages are mounted for optimized accessibility and ideal aerodynamics. Position (40 degrees) bottle cage tilt adjustability. Precision-made alloy frame with corrosion-resistant hardware. Includes Saddle Mount and two High Grip Cages (V0135). 191 grams.

18. Forerunner 235 : GPS Running Watch with Garmin Elevate™ Wrist-based Heart Rate Technology. Tracks distance, pace, time, heart rate and more. Connected features: automatic uploads to Garmin Connect™, live tracking, audio prompts, smart notifications and social media sharing. Activity tracking counts daily steps, distance, calories and sleep. Download data fields, watch faces, widgets and applications from Connect IQ™

19. Black Marlin : The Black Marlin is HEAD's most advanced suit. It is made of extremely flexible neoprene with unique compression around the core. A 4mm air cell panel on the front gives you optimum buoyancy and the ideal water position. 3mm panels below the knee offer a more effective leg kick and 1.5mm around the arms and shoulders mean great flexibility and movement. A new low neck profile has been added for great comfort. New arrowed arm panels maximise the efficacy of strokes. Glideskin coating provides minimum resistance in the water. A reverse zipper enhances neck comfort and also improves reliability in the water, reducing the transition time in triathlon. Men and women range



20
1090€
front wheel
1180€
rear wheel

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22
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HOKA
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21
130€



ISM
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23
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20 Jet 4 Black : What happens when you combine

the world's fastest clincher wheels with unbelievable wet and dry braking? Jet Black - the carbon clincher

killer ! new braking surface, called Turbine Braking Technology. With special machining and anodizing, the result a super clean all-black appearance and outstanding brake performance. How great is it? How about 25% shorter stopping distances in dry conditions, or 70% shorter stopping distances in wet conditions. Additionally, the consistency of stopping distances has improved by nearly a factor of five.

21. CLIFTON 3 : The CLIFTON 3 improves upon its decorated heritage with this new release. The upper features a new fit with a more accommodating forefoot, as well as a seamless speed frame construction for light weight and supreme comfort. A similar midsole geometry means that the industry leading ride remains as light and smooth as ever. When cushioning and light weight are your top priorities, look no further.

22. Wheelie Bag : LThe HUUB Wheelie Bag is the perfect companion for any triathletes travel journey. This huge 95 litre capacity bag will hold all your race or holiday essentials and keep everything organised. Mesh organisation dividers with zipped pockets opening a wide mouth main compartment. Oversized external pocket with internal zipped mesh pocket and interior neoprene lining. Telescopic pull handle and transport grab handles.

23. PS1.1 : It is a saddle with a short, broken nose on the front. It is therefore a stable model that will allow you to be rigged on your bike. The broken nose, however, allows the position in saddle beak. Its characteristics make it an ideal saddle for the time trial or the triathlon. With 30 padding levels, it is a saddle that will adapt to your density requirements. Rail Chromo. Black or White



fizik.com/makingofchampions

**MICHELLE VESTERBY, TRIATHLETE AND GOLD MEDALIST.
CHOOSES R5B DONNA.***

*MICHELLE VESTERBY, TRIATHLETE ET MÉDAILLE D'OR CHOISI FIZIK R5B DONNA.

fi'zi:kWomen



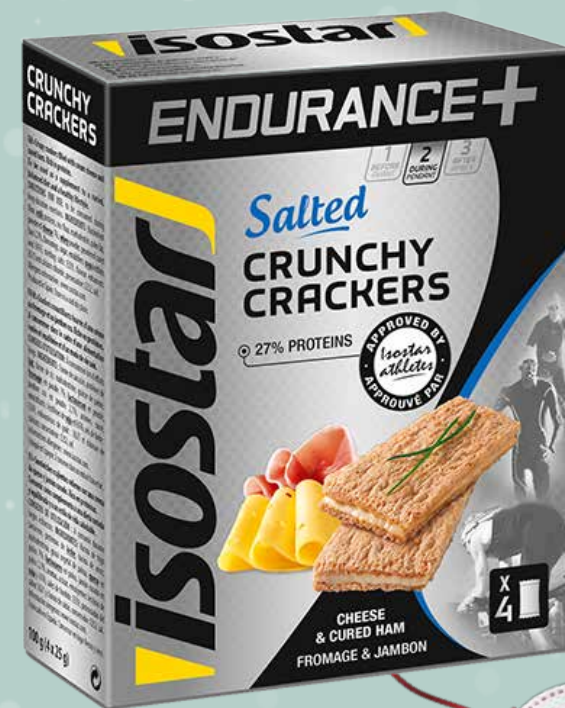
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Find the perfect gift
in our Xmas guide : triathlon, swim, trail running...
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25

de 85€
à 145€

JULBO

www.julbo.com



27

3740€

KUOTA

www.kuotacycle.it

24. Crunchy Cracker : News! 2 crackers with ham cream and cheese. 27% protein and 48% Carbohydrates. For long cycling training or trail...

25. Aerolite : Lightweight sunglasses specifically designed for women and runners with smaller faces, the Aerolite is directly derived from the Aero model, the reference for trail runners. They offer the same qualities of hold and ventilation, with a rimless shield for even more lightness and a tremendous feeling of freedom. With a photochromic shield, the Aerolite is designed to go further in all conditions. Price depend on protection.

26. Trail Equilibrium : A high tech trail running tight for athletes seeking to maximize thier performances

Includes Kiwami's innovative pole carrying and attachment system : EasyFix (patent pending) for quick and easy access even when in full movement.

INNOVATION : EasyFix, Kiwami's incredibly simple and practical pole carrying and attachment system (patent pending); Large high waist band providing core stability for the full duration of events. Soft, supportive and comfortable; Ergonomically shaped knee panels with anti rip-and-tear protection flex; Extremely water repellent and breathable fabrics, ultra-fast-drying, efficient sweat evacuation; Compressive fabrics provide optimal muscle support, reduces muscle fatigue and shock absorption; Compression patches on quads and hamstrings provide improved stability and performance for important muscle groups; 8 ergo pockets: 3 on waistbelt, 2 on hips, 2 on sides of legs, 1 centre backside;

27. Kougari tri : Kougari is a model with a strong emotional impact. An innovative product, highly performant. In practice it is the bike's aerodynamics version stradasenza but affecting any of the functional characteristics of the traditional medium.



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89,90€

31
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MAKO
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ON
www.on-running.com

29
650€

30
149,95€

28. Christmas Pack : The pack includes set of pedals

Keo 2 Max + 1 pair of socks + 1 cap or textile collar. Available in 2 colors : Proteam or Black/Red

29. Torrent : New Product for 2017. This suit is the result of 3 years of research and testing to create a product that offers incredible freedom of movement and unparalleled performance. We have added new exclusive materials, better balanced buoyancy and zones of extra elastic neoprene over certain joints which has allowed us to improve even more our award winning range of wetsuits. Available in men's and women's specific cuts.

30. Cloudflow : For runners looking for a lightweight and very responsive performance shoe. 18 Clouds independently cushion and propel precisely where you need it. Adaptive engineered mesh blends breathability with support. First-layer sock offers ultimate in-shoe comfort. Speedboard with responsive flex and rocker promotes flow-motion. Weight : 190 gr

31. Spa : SPamper yourself in relaxing heated water surrounded by soothing bubble jets. Digitally controlled pump with soft-touch control panel. Outer walls of the inflatable pool are made from fabric coated material.

31. Pack triathlon : Contenu du pack triathlon : 1 boîte de malto antioxydant 500g, 1 boîte de gatosport 400g, 1 boîte d'hydrixir antioxydant 600g, 1 boîte de sélection performance liquide 10 gels, 1 ceinture porte-dossard et 1 bidon 600 ml.

MyOwn
PERFECT SADDLE

by prologo

Find your own perfect saddle

MyOwn is the innovative fitting system developed by Prologo: a new way to find the saddle that best suits your needs. Thanks to the kit and the advanced software you can identify in a scientific way the best saddle for your physical features, in four simple steps.



Choose your end use

Select the cycling level of the client by specifying the level of experience: Friendly user or Expert. Each discipline has its own characteristics, for example different movements and stresses will change according to the level of the cyclist. The saddle must take into account this diversity in order to improve the performance of every cyclist.



Measure your ischial bones

In this step you will need to measure the space between the tuberosity of the ischial according to the gender and individual characteristics. To make this detection on 'My Own Station', sit and keep the knees at 90 degrees, hold the handles on the side and press your weight on the gel.



Measure your lumbar flexibility

This second measurement is made with a digital inclinometer (or level), in a flexed position of the individual: sit on 'My Own Station', separate your legs and lean forward until you touch the floor with the palms of your hands.



Calculate your BMI

To end the process, the software asks the BMI (body mass index) of the cyclist. Just enter the weight and height in the screen, and the software automatically calculates the value. This is important to determine the force exerted on the seat. By clicking on SEND, the software will choose the most suitable saddle and will also suggest possible variants.



The result

After doing each step as indicated, the software processes the detected data giving as result the saddle that best suits the physical characteristics of cyclist.

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32. Pack triathlon: First of all, increase your glycogen

stores (carbo-loading) with the Malto. Take a strong start with the Gatosport Energy Cake for breakfast.

Make sure to have a proper hydration and energy intake by using the sports drink Antioxidant Hydrixir. Supplement your energy fluid by taking the energy gels of the Performance selection: Antioxidant Gel, Energix Energy Gel, Coup de fouet, and Red Tonic which also help maintain your blood sugar level. The practical and lightweight Race number belt allows you to fix your race number with 2 snap fasteners.

33. Cerebel Helmet: The Cerebel is a compact aero road helmet, designed and engineered to improve aerodynamic performance. Extensive wind tunnel testing and CFD simulations shows that the Cerebel excels in dynamic and varying body positions, which in turn benefits upper body movement and overall lactate clearing efficiency compared to a static TT position.

34. V800: The Polar V800 is an advanced multisports GPS watch for serious sports enthusiasts and professional athletes who want to reach peak performance. - integrated GPS / - import new routes / - sport-specific profiles / - track your activity / - great for swimming / - sensor compatibility / - running cadence from the wrist / - polar flow / - predict your event finish times

35. Zero Tri PAS CPC: Special for triathlon. The PAS system is a processing of the base of the saddle, the hole or channel has been designed to eliminate pressure to a zone of support delicate as the pelvic area. Prevents pressure peaks in the prostate area, ensuring optimum comfort. This is a system studied, designed and recommended to eliminate pressure and numbness in the pelvic area-prostate.

"As an elite triathlete, I need the right training and racing gear to reach my full potential."

J. Gómez Noya

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38

From
156€

**RUDY
PROJECT**

www.rudyfrance.fr



SANTINI

www.santinisms.it

39

Jersey : 95 €
Tights : 109€
Jacket : 159€

36. Kickstarter : PPlus de liberté & securité dans l'eau ! RESTUBE est votre système de sécurité dans l'eau. Petit et léger, il est facile à emmener partout. Il suffit de l'attacher autour de ta taille ou sur ton harnais. Si nécessaire, tires sur la gâchette et la bouée de 75N de flottabilité se gonfle. Maintenant tu as le temps. Parfait pour une utilisation en lac ou en mer. Price depend model.

37. 2INpower : DKnowing your strengths is helpful, but knowing your weaknesses is like mining for gold. This is why ROTOR Bike Components introduced their new 2INpower («twin» power) dual-sided power meter. 2INpower measures power individually at each leg to provide precise data about balance and power output in order to demonstrate where improvements can be made when it comes to pedaling efficiency.

38. Tralyx : Literally sculpted by the wind, the Tralyx™ redefines the pinnacle of eyewear bike technology. With its entirely new geometry package, unique and powerful dynamic design language. Vents have been scientifically incorporated through the entire chassis to enhance air circulation while ensuring maximum aerodynamic efficiency and without disturbing vision.

39. Coral : A range for women ! the girly touch in winter ! Santini has a real range women this year with a jersey, bib-tights and winstopper jacket. The Coral jersey is the perfect garment to use on your winter rides. Made of soft and warm thermofleece Lite Pro, it maintains constant body temperature while you ride. Easy and comfortable to wear thanks to the full-length zipper, Coral is available in three colorful versions.



40. Ride 9 : The Ride 9 is out of the lab and ready to

run. Now featuring EVERUN, the Ride 9 delivers our signature neutral running experience with more energy return than ever before. It truly makes every mile feel as effortless as your first. Updated with EVERUN topsole construction providing smoother landings in the heel and reduced pressure in the forefoot; FlexFilm throughout the upper offers a lightweight, flexible fit ; A new Tri-Flex outsole delivers more ground contact and optimal flexibility at toe-off.

41. GORUN 4 : Designed for speed with innovative performance technologies to promote a midfoot strike while offering cushioning and impact protection. Skechers GOKnit™ upper provides security while maintaining breathability and comfort. Secure gore construction for a seamless fit that hugs your foot. Air mesh tongue with elastic tongue-position keeper straps for stable and secure fit. Mid-foot strike zone promotes efficiency in each stride. Weight : 218 gr

42. Torpedo tri suit : With the Torpedo, the ambitious triathlete offers himself a performing swimsuit and a high-end trisuit. It was designed to be indeed performing in and out of the water. It is possible thanks to a work on the materials, using an extremely water-repellant, light, compact and breathable fiber! The Torpedo will become your second skin during races provided you choose your size correctly

43. Roval CLX : Developed in our Win Tunnel and designed to interface with the world's fastest tire, the S-Works Turbo, the CLX 64 is the fastest road race wheel/tire system ever developed. The 21mm tubeless-ready internal rim width further increases tire volume, in turn creating a larger contact patch. And with this particular wheel, you'll benefit from its disc-first design philosophy, combining speed, low weight, and incredible stopping power.

LEAVING YOUR COMPETITORS BEHIND ? OURS TOO !



CYRIL VIENNOT
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WORLD CHAMPION LD ITU 2015
5^{ème} IRONMAN HAWAII 2014
3^{ème} CHPT MONDE LD ITU 2014



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*Independant clinical study showing an increase of blood ejection fraction trough the heart +79% with BV SPORT's compression against 34% with classical contention. Complete information on www.bvsport.com



44. One Fifty : Wheel full carbone only tires. Rim

height 48mm.

45. **SPEEDO SHINE 2** : Speedo Shine 2 is the next generation of Speedo Shine, the first device of its kind, designed with swimmers in mind. Made to accurately keep track of your swimming, it also functions out of the water to track your everyday activities, including your sleep patterns. Misfit and Speedo's unique lap-counting algorithms track a swimmer's lap count with industry-leading accuracy, suitable for all stroke types.

46. **BC 545N** : The Tanita BC-545n uses BIA technology to analyse and measure your body composition. With the BC-545n you can keep track of your overall fitness in just 15 seconds. This Body Composition Monitor divides your body into five segments (arms, legs and core abdominal area) to provide accurate results.

47. **Escalate** : 4 sunglasses in 1 with this pack. Introducing the Tifosi Pro Escalate with ICS, a frame interchange system that integrates Full Frame, Half Frame and/or Shield eyewear into one complete kit. Tifosi's unique Interchangeable Component System (ICS) makes it simple to fit your frame to your activity. Each frame type has a patent-pending notch system that fits into the universal arms. Pivot the arm up and onto the notches until it clicks into place.

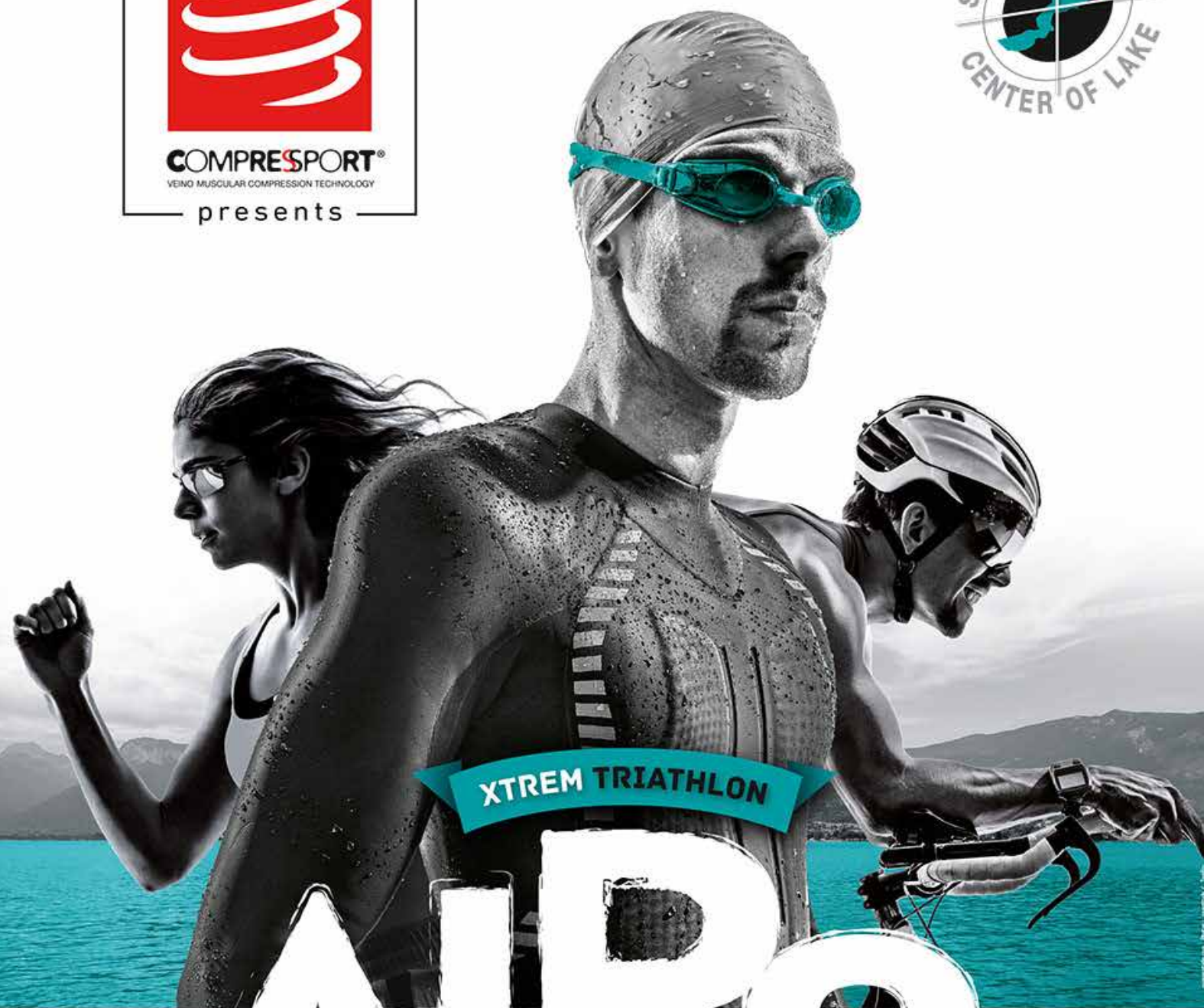
48. **TomTom Touch** : Track what you're made of, not just your steps. Body composition. 24/7 activity tracking. Heart rate monitoring. Sports mode. Phone notifications. Customisable straps

49. **SPEEDFORM® GEMINI 2 RECORD EQUIPPED : Connected running!** UUA Record-equipped technology tracks & stores virtually every running metric with deadly accuracy so you know exactly what you need to get better. Innovative UA SpeedForm® technology delivers an unprecedented precision fit for unrivaled comfort & zero distraction. Smooth, ultrasonic welded seaming with Bemis tape for next-to-skin support & comfort

Presentation : <https://www.youtube.com/watch?v=zN6Yw0G1W0o>

50. **New tri pro** : UPPER: Microfiber Soft Touch. High density nylon mesh - Pebax. SOLES: Full Carbon UD Air System Sole High Stiffness. Full Carbon UD Speedplay sole (40-48)

51. **Overshoes** : Made of neoprene, the Z3ROD Overshoes are 100% windproof and waterproof. These will keep the cold away from your feet during your winter rides. Whatever the weather, you will stay warm and dry! They are available in 3 different sizes: 35/38, 39/42, 43/46. Characteristics: 1,5mm Neoprene / Rear zip / Reflective stripes



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3.8KM

180KM

42.195KM



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OVERSTIM.S
SPORTS NUTRITION

Cervelo P5X ... *the revolution is on the way ?*



Here is what you'll get if you give a white page and 3 years of freedom to the Cervelo engineers!

« Criticism is easy, but art is difficult »

With no doubt the last born of the Cervelo triathlon range impresses all. The reactions are very different, firstly regarding the esthetics, you like it or not ! But it is the Cervelo DNA : frames with an esthetics which directly results from the assumed technical choices.

Who remembers the first Aluminum Soloist, the associated criticisms... And who would have believed that 15 years after all the other brands

were also going to rush to create an aero road frame.

Moreover, it would have been very easy for Cervelo to create a new iteration of their P5... only settling for small improvements. After all, it's been more than 10 years that Cervelo has beaten up its competitors and the Kona Bike count, years after years.

But the Cervelo DNA is also to take risks, to look for a unique product which perfectly meets the needs of every triathlete, uncompromising !



But let's go back in time, to understand the stages of the P5X development.

3 years of development

Indeed, they needed 3 years of development for the project to result.

And despite a first premature launching attempt, the P5X has finally been officially launched in Kona this year. This small delay was necessary to offer a finished product (including the bike case) and to ensure that

the P5X would be available in stock during its launching in all specialized stores.

95% of the sales of the P5 are P5 «6» (so triathlon version) vs. P5 «3» (UCI version).

In finding this, Cervelo decided that its new model of the «P» series would exclusively be

dedicated to triathlon, breaking free from all the UCI constraints.

Uncompromising, starting from a white page once again... The P5X project started in January 2013!



Gwenaél Touchais



1st step: defining the needs of long distance triathletes

The success of a product depends on the fact that it must first of all know how to meet the needs of its user !

The first mission of the development team was to identify the needs. To do so, millions of pictures have been taken during the 70.3 St George and the IM Nice and Klagenfurt. The main tendencies have been deducted from these pictures :

- Hydration : number and types of bottles, place of bottles,...
- Nutrition : bento box, gels on the frame,...
- Repair kit
- positioning

5 main development points have been defined, by order of priority :

Storage. The bike must allow each athlete to adopt his favorite configuration. Thus it must be able to receive 3 round bottles (and not aero for practicability and efficiency) and to offer sufficient storage spaces as much for nutrition as for a repair

kit. But as it is a bike on which you will spend more time training as racing... It must also enable you to put a windbreaker, sleeves or anything else.

Ease of positioning and setting. The bike must have a wide range of settings and the adjustments must be easy and quick... Even during a ride !

Aero: The bike must be at least as aero as its predecessor the P5.

Rigidity : Likewise, the goal was to reach the same rigidity than on the P5, no more and no less. .

Ease of transport : Considering the fact that the triathlete has to travel regularly, the bike must be wrapped in a minimum time and with no mechanical constraints



2nd step. The experimentation

The P5, thanks to its success, has contributed to the development of the P5X.

How ? By directly testing on it the considered solutions. The idea is to be able to do testings as quickly as possible, in order to exclude the solution or to validate it (Test Fast, Fail Fast).

From these experimentations the first sketches were born, and associated with a topological

optimization (allowing to define where it is necessary to «put» some material), have resulted in the final design of the Frame-set.

The final look of the P5X has been designed to meet the needs of the triathlete, and not from a will of Cervélo to create a beam bike to keep up with the times.



Made in North America

Before talking about the main assets of this P5X, a few lines about its manufacturing.

The P5X is the result of a 100% north-american collaboration : Cervélo, Hed (frame) and Enve

(fork, aerobar and extension).

This collaboration was born from the need for Cervélo to keep control and the absolute secret of the development.

Ok, this is very nice... But on the road ?



THE TESTING

We were lucky enough to have this famous P5X for 3 days in the South of Spain to test it... and the least we can say is that we had a lot of pleasure! Straight roads, climbs, descents... All that was missing was a small 10km climb to have a complete idea but it's not its favorite program !

First observation... we can hardly do more simple to be positioned on it. In a few minutes before the

start and with 2 Allan wrenches we can adjust very easily!

And when we talk about adjustment, the range is impressive ! Simply imagine that you are able to put upper or lower your aerobar by 10cm in a few seconds.

MATERIAL CRUSH

The main advantage is that we can repeat the operation on the road once again in a few minutes... So a first «setting» ride allows you to adjust your position without doing it on the home-trainer.

This ease of setting is also an asset if you race on different distances, thus adopting a more aggressive position on Olympic Distance than on Ironman, and with just one twist of the key.

Regarding the choice of the size, once again the P5X is very strong. Indeed, the different sizes also cover a very wide range of positions... It can be possible that 2 or 3 sizes suit you.

This result is the result of a collaboration with Mat Steinmetz



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2013 Ironman Canada Champion:
Trevor Wurtele



who joined the Cervélo team during the development of the P5X. Mat is today a reference regarding positioning, working for example with Mirinda Carfrae and the AG2R team.

Personally, I could either take a S or a M... And I did the testing with a M.

After the first roundabouts, the P5X is immediately efficient on the first straight roads. The comfort is surprising despite the absence of flexion on the frame. Cervelo ensures us that a weight of 300Kg has been used on the saddle to test the nearly-zero deflection of the frame... With my 63kg I didn't feel any weakness at this level.

The comfort comes from the fact that vibrations must walk along the frame (dispersing) before reaching the seat-post. There is no direct «link» between the seat-post and the bases/shrouds of the bike as on any traditional frame.

No doubt, the P5X is at ease on flat roads but also on «rollers», these famous Russian mountains where it is exiting to stay on the big chainring. With its efficiency, the P5X pushes you to keep speed which can be a little bit sneaky in the beginning of November with not so much training.



We don't notice any parasite noise when pedaling, the different elements of storage are perfectly integrated in the bike. It's particularly important for this type of frame where the slightest noise can become a real nuisance by effect of resonance.

When using it, the braking is very convincing...

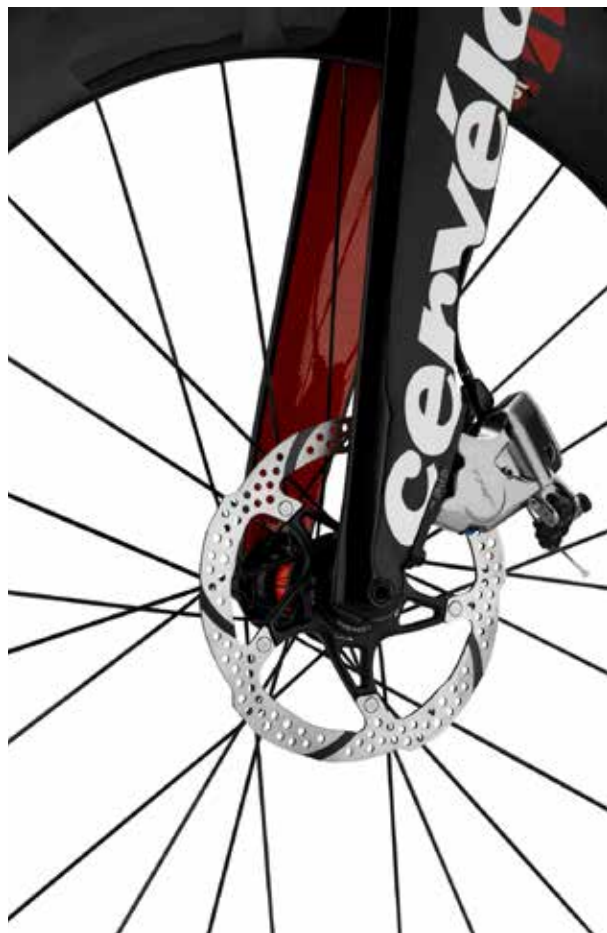
But facing the current offer on triathlon bikes (especially the back calipers under the bottom bracket) it couldn't be any different !

The brakes are agreeable : possessive and powerful, we could only like it even if we couldn't ride under the rain during our testings. It also offers a great

power of modulation when braking, that it is impossible to get with classical calipers.

It's clear that it's hard not to be convinced by the disk braking, but the question of the maintenance in the long term and the relevance for some courses. It seems obvious that a P5X is more adapted for races such as Kona or Arizona where you don't need to brake a lot. But you can't forget that you could use this bike more often for training than for racing.

Whatever, I cannot deny that today I've probably changed my position regarding the disk braking... Let's try it!



Only damper however, the mounting offered today is an hydraulic-mechanic mix due to the fact that the offer from the furnishers was not enough yet during the development of the P5X.

It will surely be possible to upgrade it in the future... But let's see if it will be the responsibility of the owner !?

To conclude about braking, Cervélo has conducted a study establishing that the changing (mounting/dismounting) of a wheel was on average faster than on a bike with classical wheels, once you know how to do it.



The storage possibilities on the frame are at use very useful. It confirms that it's a bike that you will have pleasure to use as well in your trainings as in your races. We appreciate to go for a ride without anything after putting in the frame the repair kit, the windbreaker and the sleeves. And it's the same for the nutrition, the Bento Box offers a wide capacity to put your bars and gels. And as it's sealed, you can also put there your mobile phone.



Let's see the performance...

To be honest, I don't have the claim to be able to judge the aero of the P5X, I leave that to the Cervélo engineers and to the wind tunnel tests ! But it's certain that it has allowed me find a position in which I was feeling powerful (understand that the position allowed me to transmit strength to the pedal) and the fast with all the subjectivity that it implies.

What I can say is that I felt as well positioned on the P5X after two rides as a whole summer on my own bike. That's for me the first asset of this frame : to make performance available to everyone.

But at least, does this bike climb ?

So as many of you, it was the point I was expecting to see.

We could try the P5X on 2-3km climbs with 10% elevation sometimes. The first observation is that you don't feel the absence of seat-post : the feelings are the same even if we feel the center of gravity slightly more frontwards. The P5X doesn't seem more clumsy than another triathlon bike once standing on the pedals. However, it seems more at ease if you remain sitting on the saddle and keep a high pedal rate.

As mentioned above, we didn't have the chance to test it during a long climb, but we are then at the limits of its program of use.

As regards the descents, the bike can make its rider confident. I attribute this feeling to the wheel axle clamping (Thru Axle) which brings more rigidity to the whole and more accuracy when riding.



We finish with the small plus of this bike... Its bike case !



Very well designed, it allows to pack the bike in 15 minutes the first time... and 10 the next times thanks to only two tools.

Once everything is packed, nothing moves which ensures no damage on the bike during transportation.

The case is available through the Cervélo network, at 850€.

As regards the final decision and before buying it, we cannot deny the question of the price.

The P5X is available in two versions : with Etap at 14 999€ and with Ultegra DI2 at 11 999€.

For exceptional bike, exceptional price... But yes, it's expensive compared to the average budget of a French triathlete.

Let's negotiate that with your boyfriend/girlfriend !



The French Antoine BALLON is the Global Marketing Director of Cervélo.

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